

## What School Counseling Programs Teach

### Contact Information

# Arizona School Counseling Programs

## ACADEMIC DEVELOPMENT

- Effective learning in school & across the life span
- Academic preparation for post-secondary options
- Relationship of academics, work, family & community life



## CAREER DEVELOPMENT

- Investigate the world of work to make informed decisions
- Strategies to achieve future career goals
- Relationship of personal qualities, education, training & work



## PERSONAL & SOCIAL DEVELOPMENT

- Interpersonal skills to respect self & others
- Decision making, setting goals & taking action to achieve goals
- Understanding everyday safety & survival skills



## LOCALLY

## Academic



## Career



## Personal & Social



## School Counselors are Partners in Student Achievement

## NATIONAL

- ASCA National Model for School Counseling Programs  
American School Counselor Association  
[www.schoolcounselor.org](http://www.schoolcounselor.org)



Arizona Department of Education  
Tom Horne, Superintendent of Public Instruction

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Endorsed by the:  
Arizona Department of Education  
Arizona School Counselor Association  
American School Counselor Association

# How SCHOOL COUNSELING PROGRAMS ARE DELIVERED



## Curriculum

Lessons designed for achievement of knowledge & skills in career, academic, personal & social development

- K-12 Classroom Instruction
- Standards-Based Lessons
- Interdisciplinary Curriculum
- Small & Large Group Activities
- Family Workshops

## Who are Professional School Counselors?

Professionals with...

- Masters Degree in School Counseling/Related Field
- Arizona K-12 School Counseling Certificate
- Experience in Teaching Environment

## What Do Professional School Counselors Do?

- Direct Comprehensive School Counseling as defined by the Arizona Model for Counseling
  - Direct Comprehensive School Counseling as defined by American School Counselor Association National Model
  - Teach, monitor and plan interventions for increased achievement of all students K-12
  - Provide leadership to accomplish the district's mission and school improvement plans
  - Report and interpret student results in achievement, attendance and behavior
- System Support

## Responsive Services

A plan that meets the immediate needs of students

- Individual & Small Group Counseling
  - Crisis Counseling/Response
  - Consultation
  - Referrals for Students & Families
  - Peer Facilitation

## System Support

- Activities that establish, maintain & enhance the total school counseling program
  - Professional Development
  - Consultation, Collaboration & Teaming
  - School Improvement Involvement
  - Data Gathering & Interpretation
  - Family Involvement
  - Community Outreach